

COMMUNITY SUPPORT

It is through the support of the community that Teen Link remains a growing and vital program. We thank the following for investing in our community through the work of Teen Link.

AT&T Wireless
Bellevue Rotary Foundation
The Boeing Company
Hasbro Charitable Trust
Hopeless Records
King County
Ronald McDonald House Charities
McKinstry Co. Charitable Foundation
Metronics
Norecliffe Foundation
Q13/WB22 Cares Foundation
RealNetworks Foundation
Helen Schiff Foundations
School of Oom Yung Doe
Smiling Dog Foundation
Social Venture Kids/Social Venture Partners
Trinity Thrift Shop
Unigard Insurance Group
United Way of King County
Vulcan Inc.
Wizards of the Coast
Wood Family Foundation
The cities of: Bellevue, Covington, Des Moines, Federal Way, Issaquah, Kenmore, Redmond, Renton, SeaTac, Seattle, Shoreline, Tukwila

Crisis Clinic
Helping Lives On the Line

VOLUNTEER OPPORTUNITIES

Why volunteer at Teen Link?

- Meet other cool teens
- Professional training and supervision
- Fulfill school volunteer requirement
- Learn leadership skills
- Build confidence
- It's fun!

Teen Link volunteers must be between 13 to 20 years of age. One-of-a-kind volunteer opportunities include:

- Answering calls on the Teen Link help line
- Helping to publicize Teen Link in schools
- Assisting with Youth Suicide Prevention (YSP) Presentations
- Serving on the Teen Link Peer Advisory Board

For information on how to get involved, call Crisis Clinic at 206.461.3210 and ask for one of our Teen Link staff members.

**No issue is
too big or
too small**

Teen Link is a program of Crisis Clinic

HOW IT BEGAN

On a beautiful spring evening in 1993, 16-year-old Audra Letnes was murdered by her boyfriend. Estranged from her friends and afraid to tell her mother about the abuse she was experiencing from her boyfriend, Audra kept to herself.

Audra's inability to tell those closest to her what was happening in her life sadly reflects the way too many teenagers feel. If only there were a way they could talk to someone their own age, tell them about their problems, and still retain their privacy...

Thus began Teen Link.

The purpose of Teen Link is to prevent teenage violence, suicide, drug and alcohol abuse, family and relationship problems, pregnancy, sexually transmitted diseases and depression by supporting and empowering youth to make healthy, self-respecting decisions on their own.

"Teen Link provides critical intervention to youth and their families. However, we are committed to doing more than just treating today's problems, we are also working toward a longer lasting solution—empowering youth to develop helping behaviors which will stay with them through adulthood."



—Teen Link Staff

HELP LINE

"I never thought I had the power to change someone else's life. As a help line volunteer, I now see that I can."

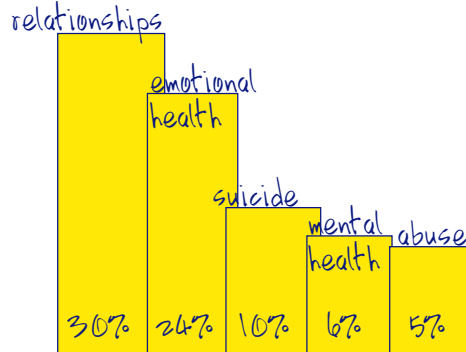
—Maggie B., Teen Link Volunteer



The Teen Link help line is a confidential, anonymous and non-judgmental telephone help line *answered by teens* each evening from 6 – 10 PM. Teen volunteers are professionally trained to listen to your concerns and to talk with you

about whatever is on your mind. No issue is too big or too small. They can also give you information about other agencies that can provide services you might want.

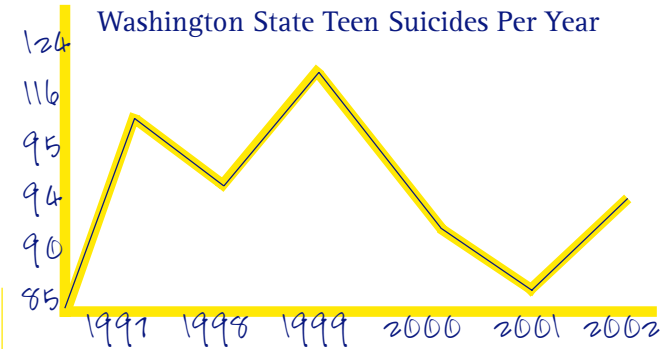
What teens are calling about on the help line:



YSP PRESENTATIONS

In Washington State, suicide is the second leading cause of death among young adults, ages 15-24, with an average of 2 suicides per week. Even more startling, it is estimated that for every suicide, there are 100-200 attempts by youth. One of the best methods of prevention is education. Through our Youth Suicide Prevention (YSP) Presentations we are spreading the message that suicide is preventable!

Teen Link staff and volunteers offer free YSP Presentations to middle and high school students, as well as to teens at youth-serving organizations throughout King County. Our interactive curriculum educates youth about depression, recognizing the signs of suicide and how to find help if you or a loved one is considering suicide. Since 1997 we have trained more than 25,000 youth.



"Suicide is often a silent topic of conversation. This is why I have the Teen Link YSP presentation as part of my curriculum. Kids are going to talk to each other. Why not prepare them with the tools to handle the information, take it seriously, and try to help?"

—Heather Finerty, Lake Washington High School Teacher

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TOLL-FREE 866.TEENLINK (833.6546)