

MEDICAL AND DENTAL CARE

Most clinics request client call for an appointment.
All agencies either accept DSHS Services Cards,
employ sliding scale fees, or are free/low cost.

Angeline's Day Center	206.436.8650
2030 3rd Ave, Seattle	(Medical only)
<i>Health Care for the Homeless nursing services at varying times M-F. Also offers limited mental health counseling.</i>	
Carolyn Downs Medical Center	206.299.1900
2101 E Yesler Way, Seattle	(Medical only)
Country Doctor Community Clinic	206.299.1600
500 19th Ave E, Seattle	(Medical)
Downtown Public Health	206.294.4960
2124 4th Ave, Seattle	(Medical & Dental)
Georgetown Dental Clinic	206.461.6943
6200 13th Ave S, Seattle	
Harborview Medical Center	206.744.3000
325 9th Ave, Seattle	(Medical & Dental)
Family Medicine Clinic	206.744.8274
Oral Surgery Clinic	206.744.3189
24-hour Consulting Nurse	206.744.2500
International District Dental Clinic	206.788.3700
720 8th Ave S, Seattle	
Pacific Medical Centers	
Madison Clinic - 1101 Madison St, Seattle	206.505.1300
Pike Market Medical Clinic	206.728.4143
1930 Post Alley, Seattle	(Medical Only)
Pioneer Square Clinic	206.744.1500
206 3rd Ave S, Seattle	(Medical Only)
Seattle Indian Health Board	206.324.9360
611 12 th Ave S, Ste 200, Seattle	(Medical & Dental)
<i>Serves all.</i>	
Seattle Vocational Institute Dental Clinic	206.344.4423
2120 S Jackson St, Seattle	
SeaMar Dental Clinic	206.762.3263
8915 14th Ave S, Seattle	(Dental)
Union Gospel Mission Dental Clinic	206.621.7695
318 2nd Ave Ext. S, Seattle	(Dental only)
Urban Rest Stop	206.332.0110
1924 9th Ave, Seattle	
<i>W Th, 7am-noon. Walk in for this service.</i>	

DAY LABOR

Casa Latina	206.956.0779
317 17th Ave S, Seattle	
<i>M-F, 6:30-10:30am. Sa, 6:30am-11:30am. No ID or SSN req'd.</i>	
Millionair Club	206.728.5627
2515 Western Ave, Seattle	
<i>Walk in: Tu-Th, 10am. Ages 18+. ID and Social Security Card required. Background check performed. No felonies. Call to register.</i>	

HYGIENE

Angeline's Day Center	206.436.8650
2030 3rd Ave, Seattle	
<i>Daily, 8am-6pm.</i>	
Compass Housing Alliance	206.357.3180
210 Alaskan Way S, Seattle	
<i>Showers/Toilets: M-F, 7am-2pm. Laundry: M-F, 7am-12:45pm.</i>	
Compass Housing Alliance - Adult Service Center ..	206.357.3190
2015 3rd Ave, Seattle	
<i>Daily, 10:30am-7pm.</i>	
DESC - Connections	206.515.1555
503 3rd Ave, Seattle	
<i>Daily, 7am-7pm.</i>	
Lazarus Center	206.623.7219
416 2nd Ave Ext S, Seattle	
<i>Daily, 11am-6:30pm. Ages 50 and older.</i>	
Mary's Place	206.621.8474
314 Bell St, Seattle	
<i>M-F, 7am-3:30pm. Women only, with or without children.</i>	
Urban Rest Stop	206.332.0110
1924 9th Ave, Seattle	
<i>June-Sept: M-F, 5:30am-9:30pm. Sa Su, 8am-5pm.</i>	
<i>Oct-May: M-F, 5:30am-9:30pm. Sa Su, 8am-3pm.</i>	
<i>Serves men, women, families and youth.</i>	
Women's Wellness Center	206.256.0665
1900 2nd Ave, Seattle	
<i>M-F, 7am-4pm. Sa Su, 7am-2pm.</i>	

MAIL

Ballard Food Bank	206.789.7800
5130 Leary Ave NW, Seattle	
<i>Tu-Th, 11am-3pm.</i>	
Compass Housing Alliance	206.357.3200
210 Alaskan Way S, Seattle	
<i>M W F, 9am-4:30pm. Tu Th, 9am-3pm. Sa, 9:30am-1pm.</i>	
Gethsemane Community Services	206.682.3620
911 Stewart St, Seattle	
<i>Tu Th, 10am-3pm.</i>	
Seattle Indian Center	206.329.8700
611 12th Ave S, Seattle	
<i>M-F, 2-4pm.</i>	
Union Gospel Mission	206.622.5177
318 2nd Ave Ext S, Seattle	
<i>M-Sa, 10am-5pm. Holds mail for one week.</i>	

STORAGE

SHARE/WHEEL	206.623.0390
963 Mercer St, Seattle	
<i>Walk-in: M-F, 6:30-8:30am. Sa Su, 7-9am.</i>	
<i>Day & long-term storage in exchange for labor.</i>	



Women's Emergency Services

Seattle/King County

November 2010



A service of **Crisis Clinic**
Helping Lives On the Line

HOT MEALS

Angeline's Day Center	206.436.8650
2030 3rd Ave, Seattle	
<i>Meals: 7:20am, 8:10am, 11:30am, 12:30pm, and 3pm.</i>	
Bread of Life Mission.....	206.682.3579
97 S Main St, Seattle	
<i>Lunch: M-F, noon. Dinner registration: Tu-Sa, 10:30am-4:30pm.</i>	
<i>Breathalyzer/Dinner: 5:30pm. Chapel required at 6:30pm. Dinner ends at 8pm.</i>	
Cathedral Kitchen	206.264.2091
St. James Cathedral, 907 Columbia, Seattle	
<i>Meal tickets at 3:30pm. Dinner: M-F, 4:30-5pm.</i>	
El Centro de la Raza	206.957.4634
2524 16th Ave S, Seattle	
<i>M-F: noon-1pm. Serves anyone in need</i>	
Lazarus Center.....	206.623.7219
416 2nd Ave, Seattle	
<i>Breakfast: Daily, 11am. Lunch: Daily, noon-2pm. Leftovers and pastries available after 2pm, when available. Must have photo ID. Ages 50+ only.</i>	
Mary's Place.....	206.621.8474
314 Bell St, Seattle	
<i>M-F. Breakfast: 7:30am. Lunch: noon. Serves women only, with or without children.</i>	
Mary's Place - Saturday Meals	206.621.8474
314 Bell St, Seattle	
<i>Sa. Breakfast: 8:30am. Singing: 10am. Church: 11am.</i>	
<i>Lunch: noon. No other Mary's Place services available during the Saturday program.</i>	
Millionair Club	206.728.5627
2515 Western Ave, Seattle	
<i>Breakfast: M-F, 6:15-7am. Lunch: M-F, noon-1:30pm.</i>	
My Sweet Lord Cafe.....	425.558.4215
5521 University Way NE, Seattle	
<i>Tu-Sa, 6:30-9:30pm. Vegetarian cafe.</i>	
Orion Center.....	206.622.5555
1828 Yale Ave, Seattle	
<i>Meals: M-F, 8:30am, 12:30pm and 6pm. Ages 13-22 only.</i>	
Our Lady of Mt Carmel.....	206.325.0871
508 Broadway, Seattle	
<i>Meals: Tu-Su, 9-11am.</i>	
Seattle's Outdoor Meal Site... Walk-in, 6th & Columbia, under I-5	
<i>Dinner: M-Th, 7:30pm.</i>	
<i>Breakfast: M-F, 8am.</i>	
<i>Hot Meal: M-F, 1pm.</i>	
<i>Hot Meal: F, 4pm.</i>	
<i>Sack Lunch: Sa, noon.</i>	
<i>Hot Meal: 1st, 3rd, 5th Sa, 4pm.</i>	
<i>Hot Meal: 2nd Sa, 3pm.</i>	
<i>Lunch or Hot Meal: 4th Sa, 2pm.</i>	
<i>Hot Meal: 4th Sa, 6:30pm.</i>	
<i>Hot Meal: 1st, 2nd, 4th Su, 1pm.</i>	

Hot Brunch: 3rd Su, 10am.
Hot Meal: 3rd Su, noon & 2pm.
Cold Lunch: 2nd, 4th Su, 11am.
Breakfast & clothes: Last Su of month, 8am.

Seattle Indian Center.....	206.329.8700
611 12th Ave S, Seattle	
<i>M-F, noon-12:45pm.</i>	
Union Gospel Mission	206.622.5177
318 2nd Ave Ext S, Seattle, 98104	
<i>Breakfast: Daily, 7-8:30am. Free with required chapel attendance.</i>	
<i>Lunch: M-Sa, noon-12:45pm. \$2 or free with 11:30am chapel.</i>	
<i>5pm dinner is \$2. 5:30pm dinner is free. No chapel attendance required for either dinner. No noon meal Su.</i>	

DROP-IN CENTERS

Angeline's Day Center	206.436.8650
2030 3rd Ave, Seattle	
<i>Daily, 8am-6pm.</i>	
Compass Housing Alliance - Adult Service Center	206.357.3190
2015 3rd Ave, Seattle	
<i>Daily, 10:30am-7pm.</i>	
DESC - Connections	206.515.1555
505 3rd Ave, Seattle	
<i>Daily, 7am-7pm.</i>	
Elizabeth Gregory Home.....	206.729.0262
1604 NE 50th St, Seattle	
<i>M-F, 9am-6pm.</i>	
Lazarus Center.....	206.623.7219
416 2 nd Ave, Seattle	
<i>Daily, 11am-6:30pm. Ages 50 & over. Photo ID required.</i>	
Mary's Place.....	206.621.8474
314 Bell St, Seattle	
<i>M-F, 7am-3:30pm.</i>	
Orion Center.....	206.622.5555
1828 Yale Ave, Seattle	
<i>M W Th F, 2:30-6:30pm. Tu 4-6:30pm. Ages 13-21.</i>	
Our Lady of Mt Carmel.....	206.325.0871
508 Broadway, Seattle	
<i>Tu-Su, 6:30am-noon.</i>	
Solanus Casey Center.....	206.223.0907
1008 James St, Seattle	
<i>M W F, 1-4pm.</i>	

CLOTHING

Bread of Life Mission.....	206.682.3579
97 S Main St, Seattle	
<i>Tu Th Sa, 10-11:30am. Lineup at 10am for a number. Serves 15 people per day.</i>	
Emerald City Community - 7th Day Adventist Church...	206.322.0717
801 25th Ave S, Seattle	
<i>Sa, 9-10am.</i>	

Jubilee Women's Center.....	206.324.1244
620 18th Ave E, Seattle	
<i>M-F, 9:30am-6pm. Call for appointment.</i>	
Lazarus Center.....	206.623.7219
416 2nd Ave, Seattle	
<i>M W, 11am-1pm. Ages 50+. Photo ID required.</i>	
Queen Anne Helpline	206.282.1540
311 McGraw St, Seattle	
<i>M Tu Th F, 10am-3pm. Call for appointment.</i>	
St. Vincent de Paul	206.767.9975
5972 4th Ave S, Seattle	
<i>Tu Th, 11am-2pm.</i>	
St. Francis House	walk-in only
169 12 th Ave, Seattle	
<i>M-F, 10am-2:30pm. Can visit once every 30 days.</i>	
Westwood Christian Academy.....	206.763.0585
9252 16th Ave SW, Seattle	
<i>2nd & 4th Tu, noon-2:30pm.</i>	

FOOD BANKS

Please call and verify geographic eligibility for all listings.

ACRS Food Bank.....	206.292.5714
919 S King St, Seattle	
<i>W F, 11:30am-1pm. Provides culturally-appropriate Asian-Pacific foods. Tickets to hold spot starting at 9am.</i>	
Cherry St Food Bank.....	206.625.0755
711 Cherry St, Seattle	
<i>M W, 9am-5:30pm. F, 9am-5pm. Families with infants: Th, 9am-5pm. Provides meat products on last two serving days of the month.</i>	
Food Bank at St Mary's.....	206.324.7100 ext 18
611 20th Ave S, Seattle	
<i>Tu Th Sa, 10am-1pm.</i>	
Pike Market Senior Center Food Bank.....	206.626.6462
1531 Western Ave, 5th Floor, Seattle	
<i>54 & Younger: Th, 10am-1pm. 55 & Older: Tu, 10am-1pm.</i>	
<i>Call ahead for food bags: M-F, 8:30am-1pm.</i>	
Puget Sound Labor Agency.....	206.448.9277
2800 1st Ave, Seattle	
<i>M F, 8am-noon.</i>	
Salvation Army.....	206.447.9944
1101 Pike St, Seattle	
<i>M-F, 9-11:30am, 1-3pm. ID required.</i>	
Seattle Indian Center.....	206.329.8700
611 12th Ave S, Seattle	
<i>Tu Th, 1:30-3:30pm.</i>	

FREE VOICEMAIL

Solid Ground Community Voicemail.....	206.694.6771
1501 N 45th Street, Seattle, 98103	